

Programmanr. 2
10-4-2018 - 18:45

Jongens, 800m vrije slag

Minioren 5 en 6
Resultaten

rang	naam	vereniging	intijd	tijd	RT	
1.	Winston James van Berkel	Lz 1886	NT 200700313	12:32.02	217	
	100m: 1:29.75	1:29.75	300m: 4:50.73	1:41.84	500m: 8:02.98	1:33.90
	200m: 3:08.89	1:39.14	400m: 6:29.08	1:38.35	600m: 9:38.08	1:35.10
					700m: 11:10.56	1:32.48
					800m: 12:32.02	1:21.46
2.	Mike van Asch	Lz 1886	NT 200600779	12:33.39	216	
	100m: 1:31.79	1:31.79	300m: 4:52.96	1:40.50	500m: 8:07.33	1:34.26
	200m: 3:12.46	1:40.67	400m: 6:33.07	1:40.11	600m: 9:42.11	1:34.78
					700m: 11:10.52	1:28.41
					800m: 12:33.39	1:22.87
3.	Bart Geelen	Lz 1886	NT 200700473	14:48.29	132	
	100m: 1:39.73	1:39.73	300m: 5:22.45	1:51.10	500m: 9:07.99	1:51.94
	200m: 3:31.35	1:51.62	400m: 7:16.05	1:53.60	600m: 11:02.21	1:54.22
					700m: 12:57.43	1:55.22
					800m: 14:48.29	1:50.86

Programmanr. 3
10-4-2018 - 18:55

400m vrije slag

Minioren 3 en 4
Resultaten

rang	naam	vereniging	intijd	tijd	RT	
1.	Gijs Hartwijk	Lz 1886	7:27.73 200800573	6:12.06	207	
	50m: 40.03	40.03	150m: 2:16.06	50.05	250m: 3:53.27	48.57
	100m: 1:26.01	45.98	200m: 3:04.70	48.64	300m: 4:41.69	48.42
					350m: 5:29.41	47.72
					400m: 6:12.06	42.65
2.	Sanne Hoogduin	Lz 1886	7:50.91 200800778	6:59.75	183	
	50m: 46.44	46.44	150m: 2:31.63	53.44	250m: 4:21.75	55.46
	100m: 1:38.19	51.75	200m: 3:26.29	54.66	300m: 5:17.25	55.50
					350m: 6:11.59	54.34
					400m: 6:59.75	48.16
3.	Lola Angenent	Lz 1886	7:37.72 200800452	7:04.95	176	
	50m: 43.88	43.88	150m: 2:32.58	55.47	250m: 4:24.36	56.69
	100m: 1:37.11	53.23	200m: 3:27.67	55.09	300m: 5:20.49	56.13
					350m: 6:15.48	54.99
					400m: 7:04.95	49.47
4.	Sverre van der Zwaan	Lz 1886	NT 200900737	7:14.36	130	
	50m: 50.33	50.33	150m: 2:37.58	53.38	250m: 4:26.98	55.00
	100m: 1:44.20	53.87	200m: 3:31.98	54.40	300m: 5:23.44	56.46
					350m: 6:19.32	55.88
					400m: 7:14.36	55.04
5.	Victoria Diederiks	Lz 1886	NT 200900758	7:30.60	148	
	50m: 49.09	49.09	150m: 2:46.13	58.49	250m: 4:41.27	57.65
	100m: 1:47.64	58.55	200m: 3:43.62	57.49	300m: 5:54.46	1:13.19
					350m: 6:32.77	38.31
					400m: 7:30.60	57.83
6.	Wout Koppers	Lz 1886	NT 200801141	7:34.25	114	
	50m: 48.66	48.66	150m: 2:41.86	56.71	250m: 4:40.30	58.83
	100m: 1:45.15	56.49	200m: 3:41.47	59.61	300m: 5:39.85	59.55
					350m: 6:38.00	58.15
					400m: 7:34.25	56.25
7.	Mike Lens	Lz 1886	NT 200900635	8:19.82	85	
	50m: 52.73	52.73	150m: 2:59.10	1:03.71	250m: 5:08.26	1:05.19
	100m: 1:55.39	1:02.66	200m: 4:03.07	1:03.97	300m: 6:12.40	1:04.14
					350m: 7:15.90	1:03.50
					400m: 8:19.82	1:03.92

Programmanr. 5
10-4-2018 - 19:10

Heren, 100m vlinderslag

Senioren Open
Resultaten

rang	naam	vereniging	intijd	tijd	RT	50m	100m
1.	Jeroen de Mooij	Lz 1886	NT 200100723	1:15.48	288	33.67	1:15.48
2.	Soufiane Abed	Lz 1886	1:52.17 200403873	1:48.58	97	45.16	1:48.58

Programmanr. 4
10-4-2018 - 19:15

Dames, 100m vlinderslag

Senioren Open
Resultaten

rang	naam	vereniging	intijd	tijd	RT	50m	100m
1.	Linda van der Voort	Lz 1886	NT 199207784	1:14.65	414	33.54	1:14.65
2.	Natasha Wassink	Lz 1886	1:19.04 200404798	1:19.37	345	35.58	1:19.37
3.	Jenna Klein	Z&PC Alkemade	1:30.93 200400914	1:21.16	322	36.04	1:21.16
4.	Babet van Andel	Lz 1886	1:29.92 200304308	1:27.61	256	39.25	1:27.61
5.	Fieke Hoogduin	Lz 1886	1:38.24 200600836	1:31.37	226	39.78	1:31.37
6.	Soumaya Boulahri	Lz 1886	1:43.54 200601658	1:41.15	166	42.47	1:41.15
7.	Anne Roos Blokhuis	Lz 1886	1:48.67 200600716	1:48.74	134	49.22	1:48.74
8.	Cidra Fakhani	Lz 1886	NT 200603704	2:01.41	96	49.20	2:01.41

rang naam	vereniging	intijd	tijd	RT	50m	100m	150m	200m	
1. Guus Hoogduin	Lz 1886	2:19.52	200201069	2:22.53	479	29.77	1:05.30	1:43.58	2:22.53
2. Guus Geelen	Lz 1886	3:19.30	200401183	2:56.30	253	35.45	1:20.19	2:07.34	2:56.30
3. Mark Bom	Lz 1886		NT 200201471	3:08.89	206	36.15	1:22.99	2:14.36	3:08.89
4. Chris Vogelaar	Lz 1886	3:19.07	200302241	3:15.89	184	34.72	1:19.03	2:12.32	3:15.89