

2018-03-11 LAC 2000 m
Leiden, 11-3-2018

Programmanr. 1
11-3-2018

Meisjes, 800m vrije slag

Meisjes Minioren 5 Junioren 1
Resultaten

rang	naam	vereniging	intijd	tijd	RT	
1.	Karuna Meirmans	Kzc	11:05.08	200601682	10:58.15	406
	50m: 38.55	100m: 1:20.63	200m: 2:46.13	400m: 5:34.15	800m: 10:58.15	
2.	Fieke Hoogduin	Lz 1886	12:27.42	200600836	12:29.61	275
	50m: 41.32	100m: 1:28.02	200m: 3:03.81	400m: 6:15.99	800m: 12:29.61	
3.	Anne Roos Blokhuis	Lz 1886	14:41.54	200600716	13:12.72	232
	50m: 43.19	100m: 1:32.38	200m: 3:13.37	400m: 6:39.38	800m: 13:12.72	
4.	Lotte Cornelissen	De Watervogels	NT	200601182	13:13.83	231
	50m: 42.53	100m: 1:31.30	200m: 3:11.55	400m: 6:37.34	800m: 13:13.83	
5.	Charlotte van Egmond	De Watervogels	13:34.82	200602390	13:40.46	210
	50m: 47.00	100m: 1:36.53	200m: 3:19.31	400m: 6:50.42	800m: 13:40.46	
DIS	Cidra Fakhani	Lz 1886	NT	200603704		
	<i>AF - De aangegeven afstand niet uitgezwommen.</i>					
AFGEM	Soumaya Boulahri	Lz 1886	NT	200601658		

Programmanr. 4
11-3-2018

Dames, 2000m vrije slag

Dames Senioren Open
Resultaten

rang	naam	vereniging	intijd	tijd	RT	
1.	Angelique van Vark	Z&PC De Gouwe	24:16.12	199701478	24:23.95	
	50m: 31.41	200m: 2:17.29	800m: 9:36.04	2000m: 24:23.95		
	100m: 1:06.14	400m: 4:41.76	1500m: 18:15.88			
2.	Anne van der Schatte Olivier	ZV De Aalscholver	26:45.28	199605302	26:55.13	
	50m: 33.72	200m: 2:29.28	800m: 10:34.79	2000m: 26:55.13		
	100m: 1:10.44	400m: 5:09.15	1550m: 20:08.85			
3.	Moniek Heemskerk	Lz 1886	26:32.64	199601964	27:40.32	
	50m: 35.15	200m: 2:33.85	800m: 10:49.58	2000m: 27:40.32		
	100m: 1:13.38	400m: 5:17.21	1500m: 20:41.73			
4.	Julie van Leeuwen	ZV De Aalscholver	27:07.25	199805994	27:44.54	
	50m: 37.37	200m: 2:37.56	800m: 10:55.91	2000m: 27:44.54		
	100m: 1:15.95	400m: 5:21.81	1500m: 20:51.24			
5.	Suzan Blankestijn	Lz 1886	NT	198900350	28:06.80	
	50m: 38.40	200m: 2:43.74	800m: 11:08.33	2000m: 28:06.80		
	100m: 1:18.90	400m: 5:33.34	1500m: 20:56.85			
6.	Irmgard van Weeghel	Z&PC Hatto-Heim	27:34.02	199204834	28:44.76	
	50m: 36.94	200m: 2:39.94	800m: 11:11.12	2000m: 28:44.76		
	100m: 1:16.84	400m: 5:29.21	1500m: 21:23.40			
7.	Marieke Ipema	Lz 1886	NT	199401290	30:44.23	
	50m: 40.60	100m: 1:25.21	400m: 6:01.24	800m: 12:12.99	1500m: 23:02.01	2000m: 30:44.23
8.	Babet van Andel	Lz 1886	33:50.93	200304308	31:47.26	
	50m: 41.10	200m: 3:02.60	800m: 12:39.89	2000m: 31:47.26		
	100m: 1:27.79	400m: 6:14.13	1500m: 24:07.92			
9.	Suze Duivenvoorde	Noordwijkerhout	NT	200400638	34:04.54	
	50m: 39.86	200m: 3:05.07	800m: 13:17.44	2000m: 34:04.54		
	100m: 1:25.90	400m: 6:27.56	1500m: 25:24.69			
10.	Cathy Schrijner	Lz 1886	NT	199108044	34:06.10	
	50m: 43.35	200m: 3:13.60	800m: 13:32.63	2000m: 34:06.10		
	100m: 1:31.58	400m: 6:39.86	1500m: 25:37.59			
AFGEM	Nadine Scheeve	Het Zinkstuk	35:23.01	199700684		

2018-03-11 LAC 2000 m
Leiden, 11-3-2018

Programmanr. 5
11-3-2018

Heren, 2000m vrije slag

Heren Senioren Open
Resultaten

rang	naam	vereniging	intijd	tijd	RT
1.	Robin van Beek	Lz 1886	23:18.33	199704023	23:37.70
	50m: 32.18	200m: 2:15.58	800m: 9:21.84	2000m: 23:37.70	
	100m: 1:06.19	400m: 4:36.74	1500m: 17:41.85		
2.	Guus Hoogduin	Lz 1886	25:02.71	200201069	24:16.78
	50m: 31.03	200m: 2:15.66	800m: 9:30.86	2000m: 24:16.78	
	100m: 1:05.51	400m: 4:38.84	1500m: 18:09.57		
3.	Joey de Groot	ZV De Aalscholver	25:01.18	200303587	25:15.14
	50m: 31.25	200m: 2:22.89	800m: 10:00.73	2000m: 25:15.14	
	100m: 1:06.82	400m: 4:58.72	1500m: 18:58.85		
4.	Justin Jansen	ZV De Aalscholver	25:38.49	200302079	25:28.62
	50m: 33.26	200m: 2:25.43	800m: 10:07.77	2000m: 25:28.62	
	100m: 1:10.11	400m: 4:58.57	1500m: 19:09.61		
5.	Bert Duivenvoorde	Noordwijkerhout	NT	199701805	25:50.07
	50m: 36.53	100m: 1:13.61	800m: 10:04.28	1500m: 19:17.27	2000m: 25:50.07
6.	Anouar Visser	ZV De Aalscholver	26:48.19	200301829	26:20.30
	50m: 34.59	200m: 2:30.50	800m: 10:26.22	2000m: 26:20.30	
	100m: 1:12.70	400m: 5:08.33	1500m: 19:45.27		
7.	Pieter Pijnenburg	Z&PV Nuenen	27:43.15	199305227	27:53.36
	50m: 35.14	200m: 2:38.49	800m: 11:03.33	2000m: 27:53.36	
	100m: 1:15.36	400m: 5:25.83	1500m: 20:54.67		
8.	Chris Vogelaar	Lz 1886	28:31.95	200302241	28:21.04
	50m: 35.13	200m: 2:36.59	800m: 11:07.69	2000m: 28:21.04	
	100m: 1:14.13	400m: 5:23.50	1500m: 21:15.80		
9.	Dimitri Lans	ZV De Aalscholver	30:56.69	200401325	28:36.81
	50m: 37.19	200m: 2:40.45	800m: 11:19.19	2000m: 28:36.81	
	100m: 1:16.87	400m: 5:30.48	1500m: 21:29.35		
10.	Jeff Duivenvoorden	Noordwijkerhout	27:54.48	199601829	28:40.76
	50m: 32.17	200m: 2:28.50	800m: 10:59.96	2000m: 28:40.76	
	100m: 1:08.97	400m: 5:16.58	1500m: 21:20.72		
11.	Onno Mens	Noordwijkerhout	30:01.25	200004389	28:46.97
	50m: 33.19	200m: 2:35.39	800m: 11:16.06	2000m: 28:46.97	
	100m: 1:11.40	400m: 5:27.51	1500m: 21:32.16		
12.	Tim Duivenvoorde	Noordwijkerhout	31:54.03	200200383	28:49.02
	50m: 33.38	200m: 2:35.99	800m: 11:10.52	2000m: 28:49.02	
	100m: 1:11.87	400m: 5:25.65	1500m: 21:31.53		
13.	Mark Bom	Lz 1886	29:07.79	200201471	29:04.79
	50m: 34.64	200m: 2:40.03	800m: 11:18.32	2000m: 29:04.79	
	100m: 1:14.04	400m: 5:30.50	1500m: 21:45.71		
14.	Brian de Groot	ZV De Aalscholver	NT	200501653	29:30.67
	50m: 40.90	200m: 2:50.30	800m: 11:37.88	2000m: 29:30.67	
	100m: 1:23.83	400m: 5:42.87	1500m: 22:05.21		
15.	Guus Geelen	Lz 1886	31:30.93	200401183	29:43.03
	50m: 37.07	200m: 2:46.94	800m: 11:45.31	2000m: 29:43.03	
	100m: 1:19.47	400m: 5:45.75	1500m: 22:16.69		
16.	Noë Berry	Lz 1886	NT	200303167	30:23.81
	50m: 34.25	200m: 2:39.83	800m: 11:39.14	2000m: 30:23.81	
	100m: 1:14.47	400m: 5:35.37	1500m: 22:37.04		
17.	Jan-paul Mosterdijk	Dwf	NT	199605793	31:17.58
	50m: 40.08	200m: 2:54.46	800m: 12:17.96	2000m: 31:17.58	
	100m: 1:23.87	400m: 6:01.23	1500m: 23:22.83		
18.	Finn de Kan	Noordwijkerhout	NT	200304607	31:44.33
	50m: 37.10	200m: 2:53.15	800m: 12:27.26	2000m: 31:44.33	
	100m: 1:20.17	400m: 6:03.84	1500m: 23:55.10		
19.	Jelle Koomen	Noordwijkerhout	34:15.97	200201137	31:51.04
	50m: 34.47	200m: 2:45.03	800m: 12:09.77	2000m: 31:51.04	
	100m: 1:15.41	400m: 5:52.59	1500m: 23:40.62		
20.	Thijs Cornelissen	De Watervogels	NT	200404011	34:31.85
	50m: 39.88	200m: 2:59.37	800m: 13:19.47	2000m: 34:31.85	
	100m: 1:23.33	400m: 6:24.54	1500m: 25:44.28		
21.	Merijn Bulthuis	Lz 1886	NT	200304759	36:27.07
	50m: 42.58	200m: 3:21.51	800m: 14:33.15	2000m: 36:27.07	
	100m: 1:32.85	400m: 7:07.75	1500m: 27:26.24		
22.	Daan Duivenvoorde	Noordwijkerhout	NT	200304597	39:32.52
	50m: 45.89	200m: 3:35.68	800m: 15:36.72	2000m: 39:32.52	
	100m: 1:41.20	400m: 7:31.37	1500m: 29:45.38		
AFGEM	Boele van Schaik	Lz 1886	NT	200304757	