

Programmanr. 1  
4-4-2017

Dames, 200m schoolslag

Senioren Open  
Resultaten

rang naam	vereniging	inschrijftijd		tijd	50m	100m	150m	200m
1. Moniek Heemskerk	Lz 1886	2:48.12	199601964	<b>2:48.33</b>	38.97	1:21.37	2:05.00	2:48.33
2. Sanne Heemskerk	Lz 1886	2:52.97	200100600	<b>2:49.04</b>	38.30	1:21.45	2:05.00	2:49.04
3. Jenna Klein	Z&PC Alkemade	3:39.58	200400914	<b>3:13.09</b>	43.66	1:33.52	2:24.20	3:13.09
4. Melissa van der Kaaden	Lz 1886	3:22.79	200204304	<b>3:19.91</b>	44.73	1:35.14	2:27.47	3:19.91
5. Babet van Andel	Lz 1886	3:41.92	200304308	<b>3:28.06</b>	48.39		2:34.97	3:28.06
6. Natasha Wassink	Lz 1886	3:38.36	200404798	<b>3:28.14</b>	46.21	1:39.41	2:33.72	3:28.14
7. Chaymae Boudra	Lz 1886	3:22.98	200200966	<b>3:33.88</b>	49.12	1:42.94	2:38.81	3:33.88
8. Andrea Daudeij	Z&PC Alkemade	3:39.01	200204816	<b>3:41.54</b>	49.71	1:48.21	2:45.48	3:41.54
9. Jet van der Plas	Lz 1886	3:41.14	200300486	<b>3:41.69</b>	50.75	1:48.11	2:46.23	3:41.69
10. Sela Fun	Lz 1886	NT	200503326	<b>3:44.05</b>		1:48.48	2:47.24	3:44.05
11. Brenda Pardoen	Lz 1886	3:51.50	200502806	<b>3:52.08</b>	51.97	1:51.04	2:52.11	3:52.08
AFGEM Maaïke van Tol	Z&PC Alkemade	3:56.11	200204812					

Programmanr. 2  
4-4-2017

Heren, 200m schoolslag

Senioren Open  
Resultaten

rang naam	vereniging	inschrijftijd		tijd	50m	100m	150m	200m
1. Robin van Beek	Lz 1886	2:42.68	199704023	<b>2:41.83</b>	35.72	1:17.24	1:59.15	2:41.83
2. Sander van Beek	Lz 1886	2:49.97	200002917	<b>2:43.26</b>	36.49	1:18.52	2:01.25	2:43.26
3. Mark Bom	Lz 1886	3:10.78	200201471	<b>3:08.11</b>	40.78	1:29.02	2:18.44	3:08.11
4. Luc van Rooijen	Z&PC Alkemade	3:11.62	200201435	<b>3:11.45</b>	42.16	1:32.00	2:22.86	3:11.45
5. Chris Vogelaar	Lz 1886	3:16.11	200302241	<b>3:13.69</b>	44.04	1:33.38	2:23.33	3:13.69
6. Jeroen de Mooij	Lz 1886	3:17.84	200100723	<b>3:17.51</b>	44.29	1:34.96	2:26.33	3:17.51
7. Thimo van Beek	Lz 1886	3:21.24	200301347	<b>3:17.55</b>	44.77	1:34.44	2:26.47	3:17.55
8. Guus Geelen	Lz 1886	3:33.65	200401183	<b>3:17.60</b>	44.73	1:35.10	2:26.50	3:17.60
9. Noë Berry	Lz 1886	3:59.03	200303167	<b>3:30.84</b>	48.63	1:41.48	2:37.26	3:30.84
10. Finn Angenent	Lz 1886	NT	200303569	<b>3:51.29</b>	51.49	1:50.38	2:50.86	3:51.29
11. Soufiane Abed	Lz 1886	NT	200403873	<b>3:57.42</b>	51.60	1:53.22	2:56.00	3:57.42
12. Lotfi Boudra	Lz 1886	NT	200301223	<b>4:01.89</b>	54.83	1:56.79	3:00.41	4:01.89
AFGEM Dion de Mooij	Lz 1886	2:48.77	199701803					