

Programmanr. 1
5-2-2017

800m vrije slag

20 - 89 jaar
Resultaten

rang	naam	vereniging	intijd	tijd	RT
Masters 20+, Heren					
1.	Ian van Mullem	ZOB'66	11:30.00	199602545	11:23.61
	100m: 1:20.81 200m: 2:48.33	1:20.81 300m: 1:27.52 400m:	5:44.45	500m: 600m:	700m: 800m: 11:23.61
2.	Maarten Steekelenburg	Aquamania	12:43.82	199300479	12:49.10
	100m: 1:23.32 200m: 2:59.42	1:23.32 300m: 1:36.10 400m:	6:18.53	500m: 600m:	700m: 800m: 12:49.10
Masters 25+, Heren					
1.	Paul Notenboom	Strijen	9:45.52	198805513	10:00.70
	100m: 1:07.04 200m: 2:22.81	1:07.04 300m: 1:15.77 400m:	4:56.56	500m: 600m:	700m: 800m: 10:00.70
2.	Niels van Dam	WIDEX-GZC DONK	11:43.93	199007495	11:08.66
	100m: 1:17.91 200m: 2:41.91	1:17.91 300m: 1:24.00 400m:	5:34.51	500m: 600m:	700m: 800m: 11:08.66
3.	Danny Vochteloo	TriVia	12:32.76	199207251	13:01.68
	100m: 1:28.69 200m: 3:03.43	1:28.69 300m: 1:34.74 400m:	6:21.72	500m: 600m:	700m: 800m: 13:01.68
Masters 30+, Heren					
1.	Bart Drechsel	WZK	9:45.00	198604135	9:38.99
	100m: 1:05.64 200m: 2:17.75	1:05.64 300m: 1:12.11 400m:	4:46.86	500m: 600m:	700m: 800m: 9:38.99
2.	Jim Geestman	RSW (SG)	10:13.15	198300699	9:39.30
	100m: 1:05.50 200m: 2:20.41	1:05.50 300m: 2:05.91 400m:	4:41.25	500m: 600m:	700m: 800m: 9:39.30
Masters 35+, Heren					
1.	Ingmar Kooman	LZ 1886	11:00.00	197901517	11:10.90
	100m: 1:15.23 200m: 2:40.79	1:15.23 300m: 1:25.56 400m:	5:30.16	500m: 600m:	700m: 800m: 11:10.90
Masters 40+, Heren					
1.	Erik Rushton	WIDEX-GZC DONK	12:52.88	197601573	12:32.47
	100m: 1:23.85 200m: 2:55.74	1:23.85 300m: 1:31.89 400m:	6:06.28	500m: 600m:	700m: 800m: 12:32.47
Masters 45+, Heren					
1.	Martin Oosters	GLS Ketelbinkie	11:29.00	197201305	11:07.97
	100m: 1:16.49 200m: 2:41.66	1:16.49 300m: 1:25.17 400m:	5:34.85	500m: 600m:	700m: 800m: 11:07.97
Masters 50+, Heren					
1.	Jose Serrano	PLONS	12:00.00	196401437	11:28.47
	100m: 1:20.55 200m: 2:47.79	1:20.55 300m: 1:27.24 400m:	5:42.20	500m: 600m:	700m: 800m: 11:28.47
2.	Willem Jan Ribberink	WIDEX-GZC DONK	12:10.07	196501327	12:10.74
	100m: 1:21.29 200m: 2:50.79	1:21.29 300m: 1:29.50 400m:	5:56.71	500m: 600m:	700m: 800m: 12:10.74
3.	Erik Saan	De Duck	12:00.00	196500769	12:32.10
	100m: 1:28.03 200m: 3:02.66	1:28.03 300m: 1:34.63 400m:	6:15.91	500m: 600m:	700m: 800m: 12:32.10
Masters 55+, Heren					
1.	Adrian Ortiz Buitrago	WIDEX-GZC DONK	11:48.93	196000931	12:32.47
	100m: 1:25.85 200m: 2:59.69	1:25.85 300m: 1:33.84 400m:	6:09.06	500m: 600m:	700m: 800m: 12:32.47

Programmanr. 1, Heren, 800m vrije slag, Masters 55+

rang	naam	vereniging	intijd	tijd	RT
NG	Richard Broer	PLONS	10:43.90	195900077	

Masters 60+, Heren

1.	Dré Klaassen	ZOB'66	14:00.00	195600141	13:53.73
	100m: 1:37.58	1:37.58	300m: 6:51.26	500m: 13:53.73	700m: 13:53.73
	200m: 3:21.44	1:43.86	400m: 6:51.26	600m: 13:53.73	800m: 13:53.73
2.	Harm Bodewes	WIDEX-GZC DONK	17:58.89	195500367	17:12.47
	100m: 1:59.56	1:59.56	300m: 8:31.66	500m: 17:12.47	700m: 17:12.47
	200m: 4:09.91	2:10.35	400m: 8:31.66	600m: 17:12.47	800m: 17:12.47

Masters 65+, Heren

1.	Dick Stijnman	WIDEX-GZC DONK	15:59.88	195100241	15:05.95
	100m: 1:46.04	1:46.04	300m: 7:30.48	500m: 15:05.95	700m: 15:05.95
	200m: 3:40.19	1:54.15	400m: 7:30.48	600m: 15:05.95	800m: 15:05.95

Masters 75+, Heren

1.	Geza Kaltenecker	AZC	14:35.58	194200065	14:22.97
	100m: 1:36.64	1:36.64	300m: 7:10.66	500m: 14:22.97	700m: 14:22.97
	200m: 3:26.47	1:49.83	400m: 7:10.66	600m: 14:22.97	800m: 14:22.97

Masters 20+, Dames

1.	Lotte Coenen	Hydrofiel	10:18.00	199301518	10:14.06
	100m: 1:08.34	1:08.34	300m: 4:59.13	500m: 10:14.06	700m: 10:14.06
	200m: 2:23.43	1:15.09	400m: 4:59.13	600m: 10:14.06	800m: 10:14.06
2.	Tamara van der Steen	ZVVS	10:32.15	199605156	11:28.75
	100m: 1:14.85	1:14.85	300m: 5:32.02	500m: 11:28.75	700m: 11:28.75
	200m: 2:37.72	1:22.87	400m: 5:32.02	600m: 11:28.75	800m: 11:28.75
NG	Eline Molle	De Geul	12:25.97	199404276	

Masters 25+, Dames

1.	Rita Spithoff	RSW (SG)	10:45.00	198804124	11:04.12
	100m: 1:13.12	1:13.12	300m: 5:21.55	500m: 11:04.12	700m: 11:04.12
	200m: 2:34.10	1:20.98	400m: 5:21.55	600m: 11:04.12	800m: 11:04.12
2.	Anne Aarts	d'ELFT	12:00.00	199207942	11:32.75
	100m: 1:23.02	1:23.02	300m: 5:45.32	500m: 11:32.75	700m: 11:32.75
	200m: 2:50.09	1:27.07	400m: 5:45.32	600m: 11:32.75	800m: 11:32.75
3.	Xandra Otter	WIDEX-GZC DONK	13:56.21	199006046	12:56.63
	100m: 1:31.43	1:31.43	300m: 6:23.29	500m: 12:56.63	700m: 12:56.63
	200m: 3:07.32	1:35.89	400m: 6:23.29	600m: 12:56.63	800m: 12:56.63

Masters 30+, Dames

1.	Linda Hoogendam	WVZ	11:11.37	198300892	11:14.64
	100m: 1:19.71	1:19.71	300m: 5:35.97	500m: 11:14.64	700m: 11:14.64
	200m: 2:44.83	1:25.12	400m: 5:35.97	600m: 11:14.64	800m: 11:14.64

Masters 35+, Dames

1.	Jessica Venema	WIDEX-GZC DONK	11:50.87	197901526	11:08.16
	100m: 1:16.33	1:16.33	300m: 5:26.63	500m: 11:08.16	700m: 11:08.16
	200m: 2:38.09	1:21.76	400m: 5:26.63	600m: 11:08.16	800m: 11:08.16

Masters 40+, Dames

1.	Liselotte Joling	PSV	9:56.70	197500268	10:07.44
	100m: 1:12.03	1:12.03	300m: 5:01.16	500m: 10:07.44	700m: 10:07.44
	200m: 2:28.66	1:16.63	400m: 5:01.16	600m: 10:07.44	800m: 10:07.44
2.	Petra Guijt	Aqua-Novio'94	11:25.12	197600978	11:07.63
	100m: 1:15.56	1:15.56	300m: 4:26.72	500m: 11:07.63	700m: 11:07.63
	200m: 2:37.83	1:22.27	400m: 4:26.72	600m: 11:07.63	800m: 11:07.63
3.	Jacqueline de Ruiter-Wijnolst	WIDEX-GZC DONK	11:44.23	197400446	11:43.21
	100m: 1:17.88	1:17.88	300m: 5:43.88	500m: 11:43.21	700m: 11:43.21
	200m: 2:45.95	1:28.07	400m: 5:43.88	600m: 11:43.21	800m: 11:43.21

Programmanr. 1, 800m vrije slag

Masters 45+, Dames

1. Ilse de Lange	WIDEX-GZC DONK	14:08.33	197100996	13:59.67
100m: 1:35.01	1:35.01	300m: 6:55.98	500m: 13:59.67	700m: 13:59.67
200m: 3:20.69	1:45.68	400m: 6:55.98	600m: 13:59.67	800m: 13:59.67

Masters 50+, Dames

1. Herma Hakker-Huijser	ZVVS	14:25.75	196600740	13:47.93
100m: 1:31.07	1:31.07	300m: 6:44.72	500m: 13:47.93	700m: 13:47.93
200m: 3:14.82	1:43.75	400m: 6:44.72	600m: 13:47.93	800m: 13:47.93
2. Annemarie Straetemans	De Geul	13:55.21	196300508	13:52.40
100m: 1:37.47	1:37.47	300m: 6:53.88	500m: 13:52.40	700m: 13:52.40
200m: 3:24.75	1:47.28	400m: 6:53.88	600m: 13:52.40	800m: 13:52.40
3. Alice de Haan	WIDEX-GZC DONK	14:11.76	196400590	15:01.08
100m: 1:36.14	1:36.14	300m: 7:13.28	500m: 15:01.08	700m: 15:01.08
200m: 3:24.10	1:47.96	400m: 7:13.28	600m: 15:01.08	800m: 15:01.08

Masters 55+, Dames

1. Lia Bijkerk	WIDEX-GZC DONK	16:05.98	196000014	15:19.81
100m: 1:42.89	1:42.89	300m: 7:31.84	500m: 15:19.81	700m: 15:19.81
200m: 3:37.34	1:54.45	400m: 7:31.84	600m: 15:19.81	800m: 15:19.81

Masters 65+, Dames

1. Tineke van Diggelen	ZPCH	16:32.62	195200048	16:12.27
100m: 1:46.94	1:46.94	300m: 7:54.47	500m: 16:12.27	700m: 16:12.27
200m: 3:46.14	1:59.20	400m: 7:54.47	600m: 16:12.27	800m: 16:12.27

Programmanr. 2
5-2-2017

50m schoolslag

20 - 89 jaar
Resultaten

rang	naam	vereniging	intijd	tijd	RT
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Masters 25+, Heren

1. Niels Rooijackers	LZ 1886	39.47	198806215	39.06
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Masters 30+, Heren

1. Harmen Reemst	ZOB'66	35.69	198702715	37.69
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Masters 35+, Heren

1. Ron Langelaan	DAW	32.73	197800643	32.36
2. Marco van Antwerpen	Strijen	39.14	198000027	38.99

Masters 45+, Heren

1. Harold Matla	PSV	32.03	196800591	32.34
2. Gertjan van de Bosch	IJZ&PC	39.65	197001615	40.16
3. Gertjan van der Vaart	ZVVS	39.44	196801529	41.65
DIS Joop Weenink	WS Twente	36.66	196801535	

AA - Gestart voor het startsignaal (en wel gezwommen).

Masters 50+, Heren

1. Gerard Tel	GLS Ketelbinkie	37.76	196701175	38.44
2. Pierre de Groot	WIDEX-GZC DONK	40.65	196401431	40.77
3. Hans Maas	PLONS	46.94	196501433	46.77
NG.ZA Andre Exter	Poseidon'56	52.97	196601585	

Masters 55+, Heren

1. Mark Kas	PLONS	42.33	196100285	42.17
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Programmanr. 2, 50m schoolslag

Masters 60+, Heren

1. Evertjan Masurel	PLONS	40.61	195600495	40.77
2. Peter Coffeng	WIDEX-GZC DONK	42.91	195700063	42.81

Masters 65+, Heren

1. Harry Quere	ZVS	1:01.32	195000189	1:00.42
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Masters 70+, Heren

1. Rob Hanou	PSV	43.50	194300109	42.81
2. Peter Ouweneel	RSW (SG)	48.83	194500077	57.68

Masters 25+, Dames

1. Nienke de Kok	LZ 1886	47.85	199108576	46.52
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Masters 30+, Dames

1. Chantal Veneman	RSW (SG)	40.97	198704232	40.77
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Masters 40+, Dames

1. Marian Nederlof	De Geul	42.83	197600950	41.36
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Masters 45+, Dames

1. Helena Mels	ZVVS	47.04	196901036	43.80
2. Nathasja Konijn	WIDEX-GZC DONK	47.07	197100992	46.99

Masters 50+, Dames

1. Inge Deutz	ZVVS	52.73	196600726	52.98
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Programmanr. 3
5-2-2017

100m vlinderslag

20 - 89 jaar
Resultaten

rang	naam	vereniging	intijd	tijd	RT	50m	100m
Masters 25+, Heren							
1.	Erik Simons	d'ELFT	NT	198902845	1:03.89	29.60	1:03.89
Masters 30+, Heren							
1.	Bart Drechsel	WZK	1:02.86	198604135	1:05.50	29.83	1:05.50
Masters 25+, Dames							
1.	Natalie van der Hoeven	ZVVS	1:15.25	198901786	1:16.89		1:16.89
2.	Rebecca Evers	ZOB'66	1:17.70	199207916	1:16.94	32.85	1:16.94
Masters 30+, Dames							
1.	Nadya Putter	ZVVS	1:10.31	198301630	1:12.38	33.57	1:12.38
Masters 45+, Dames							
NG.ZA	Tanya Lyvbarskaya	SCOM	1:25.02	197101000			

rang	naam	vereniging	intijd		tijd	RT
Masters 20+, Heren						
1.	Sam Beer	Strijen	33.51	199605521	33.46	
Masters 25+, Heren						
1.	Maurits Brandt	LZ 1886	40.00	199100277	32.79	
2.	Stefan Oostendorp	AZC	35.96	199005615	35.65	
3.	Niels Rooijackers	LZ 1886	40.52	198806215	38.44	
4.	Peter Boekhoud	SCOM	44.34	198806067	41.37	
Masters 30+, Heren						
1.	Pascal van Haren	Van Vliet-Barracuda	30.71	198704101	30.56	
2.	Harmen Reemst	ZOB'66	34.23	198702715	34.42	
Masters 35+, Heren						
1.	Rogier van Gent	IJZ&PC	34.65	198000405	33.66	
2.	Marco van Antwerpen	Strijen	34.15	198000027	34.42	
Masters 45+, Heren						
1.	Alexander Willemsen	SCOM	31.94	197001115	31.91	
Masters 50+, Heren						
1.	Hans Maas	PLONS	41.40	196501433	42.49	
NG.ZA	Andre Exter	Poseidon'56	1:05.91	196601585		
Masters 55+, Heren						
DIS	Willo Bakker	ZVS	48.50	196001099		
	<i>RH - Het eindpunt niet in rugligging aangeraakt.</i>					
Masters 60+, Heren						
1.	Harm Bodewes	WIDEX-GZC DONK	54.22	195500367	57.56	
Masters 70+, Heren						
1.	Peter Ouweeneel	RSW (SG)	53.97	194500077	59.70	
Masters 25+, Dames						
1.	Denise Boereboom	Van Vliet-Barracuda	31.41	199202144	31.54	
2.	Nienke de Kok	LZ 1886	45.01	199108576	41.36	
Masters 30+, Dames						
1.	Franciska van Dam	WIDEX-GZC DONK	50.20	198706234	49.38	
Masters 35+, Dames						
1.	Delia Badoux	WVZ	33.94	198000042	32.78	
Masters 55+, Dames						
1.	Lia Bijkerk	WIDEX-GZC DONK	48.62	196000014	50.06	
Masters 60+, Dames						
1.	Patty Krupiarz	PLONS	42.33	195400074	42.81	

Programmanr. 4, 50m rugslag

Masters 65+, Dames

1. Geerdien Meerwaldt De Geul 1:12.53 195200058 **1:15.19**

Programmanr. 5
5-2-2017

200m wisselslag

20 - 89 jaar
Resultaten

rang naam	vereniging	intijd	tijd	RT	50m	100m	150m	200m
Masters 25+, Heren								
1. Paul Notenboom	Strijen	2:28.75	198805513	2:34.86	31.04			2:34.86
2. Niels van Dam	WIDEX-GZC DONK	2:55.29	199007495	2:48.23	37.29			2:48.23
3. Danny Vochteloo	TriVia	3:10.66	199207251	3:18.41	45.30			3:18.41
Masters 35+, Heren								
1. Rick Luimes	WIDEX-GZC DONK	3:10.75	198201107	3:00.15	38.59			3:00.15
Masters 40+, Heren								
1. Markus van Rest	WVZ	2:32.92	197701197	2:36.20	31.08			2:36.20
Masters 45+, Heren								
1. Harold Matla	PSV	2:35.51	196800591	2:37.30	34.61			2:37.30
DIS Joop Weenink	WS Twente	3:02.50	196801535					
<i>AA - Gestart voor het startsignaal (en wel gezwommen).</i>								
Masters 50+, Heren								
1. Erik Saan	De Duck	2:55.41	196500769	2:59.39	36.65			2:59.39
2. Pierre de Groot	WIDEX-GZC DONK	3:27.75	196401431	3:21.70	41.70			3:21.70
Masters 55+, Heren								
1. Adrian Ortiz Buitrago	WIDEX-GZC DONK	2:51.49	196000931	2:57.45	37.57			2:57.45
Masters 60+, Heren								
1. Peter Coffeng	WIDEX-GZC DONK	3:49.77	195700063	3:41.38	50.38			3:41.38
Masters 70+, Heren								
1. Rob Hanou	PSV	3:20.00	194300109	3:17.71	45.55			3:17.71
2. Willem Putter	ZVVS	3:36.91	194500135	3:41.38	54.81			3:41.38
Masters 35+, Dames								
1. Anke Lambooj	De Vliet (SG)	2:39.08	198001182	2:42.28	34.56			2:42.28
2. Jessica Venema	WIDEX-GZC DONK	2:56.07	197901526	2:56.47	40.17			2:56.47
Masters 45+, Dames								
1. Nathasja Konijn	WIDEX-GZC DONK	3:26.18	197100992	3:16.60	41.53			3:16.60
Masters 50+, Dames								
1. Inge Deutz	ZVVS	3:50.00	196600726	3:58.51	55.59			3:58.51

rang	naam	vereniging	intijd		tijd	RT
Masters 20+, Heren						
1.	Sam Beer	Strijen	26.12	199605521	26.00	
Masters 25+, Heren						
1.	Stefan Oostendorp	AZC	29.60	199005615	29.67	
2.	Peter Boekhoud	SCOM	33.44	198806067	33.63	
DIS	Niels Rooijackers	LZ 1886	30.97	198806215		
	<i>AA - Gestart voor het startsignaal (en wel gezwommen).</i>					
Masters 30+, Heren						
1.	Pascal van Haren	Van Vliet-Barracuda	25.06	198704101	25.82	
2.	Jim Geestman	RSW (SG)	25.42	198300699	26.46	
Masters 35+, Heren						
1.	Rick Luimes	WIDEX-GZC DONK	36.69	198201107	32.55	
Masters 45+, Heren						
1.	Alexander Willemsen	SCOM	28.02	197001115	28.00	
2.	Gertjan van der Vaart	ZVVS	35.19	196801529	33.55	
3.	Gertjan van de Bosch	IJZ&PC	33.35	197001615	34.75	
4.	Tibor Papp	ZVVS	39.13	197201623	34.95	
Masters 50+, Heren						
NG.ZA	Andre Exter	Poseidon'56	53.66	196601585		
AFGEM	Hans Maas	PLONS	34.19	196501433		
Masters 55+, Heren						
1.	Mark Kas	PLONS	33.29	196100285	33.29	
2.	Willo Bakker	ZVS	36.75	196001099	38.09	
Masters 65+, Heren						
1.	Harry Quere	ZVS	57.89	195000189	55.59	
Masters 70+, Heren						
1.	Peter Ouweneel	RSW (SG)	40.65	194500077	45.00	
Masters 75+, Heren						
1.	Geza Kaltenecker	AZC	35.67	194200065	36.10	
Masters 20+, Dames						
1.	Tamara van der Steen	ZVVS	31.00	199605156	32.96	
NG	Eline Molle	De Geul	33.91	199404276		
Masters 25+, Dames						
1.	Denise Boereboom	Van Vliet-Barracuda	28.32	199202144	28.39	
2.	Rebecca Evers	ZOB'66	29.88	199207916	30.19	
3.	Rianne van der Hoeven	ZVVS	30.75	199200760	31.25	
4.	Nienke de Kok	LZ 1886	36.53	199108576	36.81	
Masters 30+, Dames						
1.	Nadya Putter	ZVVS	29.83	198301630	29.68	
2.	Franciska van Dam	WIDEX-GZC DONK	42.55	198706234	42.50	

Programmanr. 6, 50m vrije slag

Masters 35+, Dames

1. Delia Badoux WVZ 28.63 198000042 **28.39**

Masters 40+, Dames

1. Marian Nederlof De Geul 32.65 197600950 **32.14**

Masters 45+, Dames

1. Helena Mels ZVVS 33.44 196901036 **33.95**

Masters 60+, Dames

1. Patty Krupiarz PLONS 38.01 195400074 **37.54**

Programmanr. 7
5-2-2017

100m schoolslag

20 - 89 jaar
Resultaten

rang	naam	vereniging	intijd		tijd	RT	50m	100m
Masters 25+, Heren								
1.	Erik Simons	d'ELFT	1:04.10	198902845	1:10.06		32.22	1:10.06
2.	Maurits Brandt	LZ 1886	1:36.00	199100277	1:20.48		37.90	1:20.48
Masters 30+, Heren								
1.	Harmen Reemst	ZOB'66	1:19.26	198702715	1:21.89		38.11	1:21.89
Masters 35+, Heren								
1.	Rogier van Gent	IJ&PC	1:22.18	198000405	1:21.76		37.33	1:21.76
Masters 45+, Heren								
1.	Gertjan van der Vaart	ZVVS	1:29.99	196801529	1:34.05		44.50	1:34.05
Masters 50+, Heren								
1.	Gerard Tel	GLS Ketelbinkie	1:23.06	196701175	1:24.20		40.15	1:24.20
Masters 60+, Heren								
1.	Evertjan Masurel	PLONS	NT	195600495	1:33.06		43.13	1:33.06
Masters 70+, Heren								
1.	Rob Hanou	PSV	1:34.50	194300109	1:35.20		45.49	1:35.20
Masters 25+, Dames								
1.	Natalie van der Hoeven	ZVVS	1:22.24	198901786	1:24.94		39.10	1:24.94
Masters 30+, Dames								
1.	Chantal Veneman	RSW (SG)	1:32.10	198704232	1:30.75		42.44	1:30.75
2.	Linda Hoogendam	WVZ	1:44.82	198300892	1:42.40		48.63	1:42.40
3.	Franciska van Dam	WIDEX-GZC DONK	1:52.03	198706234	1:54.16		52.45	1:54.16
Masters 35+, Dames								
1.	Laura Badoux	DAW	1:18.55	198200038	1:17.85		36.50	1:17.85
2.	Anke Lamboij	De Vliet (SG)	1:25.09	198001182	1:27.95		41.08	1:27.95
Masters 45+, Dames								
1.	Helena Mels	ZVVS	1:37.76	196901036	1:36.13		45.53	1:36.13

Programmanr. 7, 100m schoolslag

Masters 65+, Dames

1. Geerdien Meerwaldt De Geul 2:08.26 195200058 **2:04.63** 59.88 2:04.63

Programmanr. 8
5-2-2017

50m vlinderslag

20 - 89 jaar
Resultaten

rang	naam	vereniging	intijd		tijd	RT
Masters 20+, Heren						
1.	Sam Beer	Strijen	29.11	199605521	30.54	
2.	Ian van Mullem	ZOB'66	32.01	199602545	31.96	
Masters 25+, Heren						
1.	Stefan Oostendorp	AZC	34.71	199005615	35.98	
Masters 30+, Heren						
1.	Pascal van Haren	Van Vliet-Barracuda	29.20	198704101	30.37	
2.	Jim Geestman	RSW (SG)	29.45	198300699	31.45	
Masters 35+, Heren						
1.	Marco van Antwerpen	Strijen	31.80	198000027	32.14	
2.	Rick Luimes	WIDEX-GZC DONK	38.48	198201107	37.97	
Masters 40+, Heren						
1.	Markus van Rest	WVZ	29.84	197701197	30.30	
2.	Erik Rushton	WIDEX-GZC DONK	35.63	197601573	35.71	
Masters 45+, Heren						
1.	Alexander Willemsen	SCOM	33.86	197001115	31.96	
2.	Tibor Papp	ZVVS	44.55	197201623	37.85	
Masters 50+, Heren						
1.	Erik Saan	De Duck	39.95	196500769	37.73	
2.	Pierre de Groot	WIDEX-GZC DONK	41.13	196401431	39.70	
Masters 25+, Dames						
1.	Denise Boereboom	Van Vliet-Barracuda	30.22	199202144	30.72	
2.	Rebecca Evers	ZOB'66	31.93	199207916	32.46	
3.	Rianne van der Hoeven	ZVVS	33.15	199200760	34.36	
Masters 30+, Dames						
1.	Chantal Veneman	RSW (SG)	36.08	198704232	42.56	
Masters 35+, Dames						
1.	Delia Badoux	WVZ	29.99	198000042	30.37	
Masters 40+, Dames						
1.	Jacqueline de Ruiter-Wijnolst	WIDEX-GZC DONK	35.12	197400446	37.09	
Masters 45+, Dames						
NG.ZA	Tanya Lyvbarskaya	SCOM	36.13	197101000		

rang		vereniging		intijd		tijd	RT
160+, Heren							
1.	WIDEX-GZC DONK 2	WIDEX-GZC DONK		6:10.40		6:19.78	
	Peter Coffeng	57	50.96	1:48.03	Rick Luimes	82	
	Pierre de Groot	64			Erik Rushton	76	
200+, Dames							
1.	WIDEX-GZC DONK 1	WIDEX-GZC DONK		6:14.61		6:28.72	
	Jacqueline de Ruiter-Wijnolst	74	41.74	1:25.12	Nathasja Konijn	71	
	Lia Bijkerk	60			Patricia Molenaar	58	